

Name: _____

Unraveling: Understanding Your Brain
Article - How You Change

Guided Notes

- Read your assigned section and discuss with your group
 - 10 Word Summary - could be a sentence or a couple short thoughts
 - NOT 11 words, NOT 9 words...10!

Becoming Yourself, From Day 1			
Why Childhood Matters So Much	Teens Tune Into New Voices	The Truth About Personality Maturation	Does Your Generation Shape You?
How Marriage Transforms Us	Is It Possible to Change Your Personality	Who Will You Be in 10 Years? Someone Else.	Why Some Personalities Stay Sharper