

## **Principles of YPAR Overview**

### **ASU Professor Carlos Casanova & Students**

#### **Introduction**

YPAR stands for Youth-led Participatory Action Research.

YPAR is an innovative approach to positive youth and community development in which young people are trained to conduct systematic research to improve their lives, their communities, and the institutions intended to serve them. With YPAR, young people are the researchers and changemakers. YPAR builds skill development among youth in inquiry, evidence, and presentation. Most importantly, YPAR is action-oriented. It results in research findings that can illuminate the issues and solutions that are important to young people.

#### **Getting Started**

Reflecting on individual/group's capacity to engage in YPAR

- Time and Space
- Knowledge
- Resources

Identifying a Team (groups of 3-4)

- Similar interests and passions
- Identifying Professionals/Experts

#### **Investigating a Problem**

Planning Your YPAR Project

- Topic within Environmental Inequality in Tempe
- Identifying Research Methods
- Gathering Evidence

#### **Strategizing for Action**

- Applying Your Findings
- Getting the Word Out - Present!
- Evaluating the Process
- Next Steps

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